



**FRONT RANGE THERAPIES**  
**CASTLE ROCK**

Orthopaedic & Sports Physical Therapy  
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**Tim Bernacki, PT, Cert MDT**

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**IN-NETWORK HEALTH PLANS**

Affiliated Health Fund  
Affordable 1<sup>st</sup> Health  
Align Network  
Allegiance  
Anthem BCBS  
Assurant  
Beech Street  
Blue Cross Blue Shield  
Choice Care Network  
Cigna  
Corvel  
Evolutions HealthCare  
Systems  
First Health/CCN  
Focus HealthCare Mngmt  
Fortified Provider Network  
Galaxy Health Network  
Global Medical Management  
Great West/GW Cigna  
Guardian  
Health Management  
Network

HMO Colorado  
Humana  
Integrated Health Plans  
Managed Care Strategies  
(MCS)  
Medicare & Railroad Medicare  
Multiplan  
Network Synergy Group  
National Preferred Provider  
Network  
National Provider Network  
One Health  
Optum Health  
PHCS  
Rockport Healthcare Group  
Rocky Mountain HMO  
Secure Horizon  
Tricare  
United Health Care  
Union Pacific Railroad  
USA Managed Care Org  
Unicare  
VA & HealthNet

**Workers Compensation**

Affordable 1<sup>st</sup> Health  
Align  
CIRSA  
ESIS  
Evolutions Healthcare Systems  
First Health/CCN

Focus Health Care Management  
Fortified Provider Network  
Guardian  
Managed Care  
MedRisk Workers Comp  
National Preferred Provider

One Beacon  
Pinnacle  
Rockport Health Group  
Smart Comp  
Travelers  
USA Managed Care

**Most Patients are scheduled within 24-48 hours of calling. If you do not see an insurance listed, please call- this list does change, and we may be in-network for others not listed here. We do see patients out-of-network and on cash plans as well. Thank you for your referrals!**